

**OPINION OF STUDENTS TOWARDS SPAT IN HARYANA**

**(A Special Reference to District Rohtak)**

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***Abstract***

*The paper is an attempt to have an insight into the attitude of SPAT finalist of Rohtak district of Haryana. To attain the objectives of the study, a sample of 50 students was selected from the Rohtak district and the data were collected with the help of a questionnaire. The investigators found that most of the respondents' interest and attitude toward SPAT is favourable; students received their parents' encouragement and cooperation; most of the respondents are aware towards SPAT.*

**Key Words:** Attitude, SPAT, finalist students, Rohtak.

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## INTRODUCTION

Sport has emerged as a natural child care activity and has the added advantage of delivering several benefits such as increasing physical activity and fitness, learning physical skills and socializing with peers. Sports significantly affect the development of youth people simply because of the large amount of time they playing sports. Whether they choose to play informal games with their peer or joy an organized programme almost all children experiment with different sports between the ages of 6 to 12. Those who are successful may continue with their sport through the teenage years other may try other sports activities or drop out of sport completely. For increased participation in sports, particularly in schools the government of Haryana proudly launched SPAT. India is to raise healthstandard through higher physical activity, deliver social Cohesion theoryincreased interactions among different groups in a friendly setting, help builda culture of innovation, commitment and competitiveness through sports andput readjustment demand on the economy to create sufficient careeropportunities around athletic aptitude. A sport is as good a career option as higher education with thegovernment's performance - linked job guarantee and cash award scheme. Excellence in sports brings child benefits of sports quota ingovernment jobs and college admissions. It enhances his job prospects in highend private companies and admission sing good universities round the world. Private companies like yahoo and Google's treat sports as key personality differentiator while manning their leadership positions. Commitment andcompetitiveness learnt in play grounds will bring innovation in work placesand help India in moving up the economic value chain. There is no bout Haryana state has a vibrant sporting culture and todevelop the sporting culture at grassroots level Haryana again is the first stateto implement a talent hunt programme - Sports and Physical Aptitude Test tochoose promising players through a scientific approach. With

the help of this critical study, we can find out the drawback of indifferent attitude of students and parents towards SPAT and how it can be developed or removed sports awareness. There is need to aware rural area people about SPAT in order to promote the sports at village level especially in schools. And there is no doubt SPAT is a fruitful scheme to develop the sports culture in Haryana. SPAT play a meaningful role in the promotion of sports especially in children and youth. The study may be helpful to planners, organizers, administrators, coaches, physical education teachers, society and government to create motivational factors to increase students participation in SPAT and also helpful to develop interest and favourable attitude in students as well as their parents and society.

## **OBJECTIVES**

1. To find out existing status of SPAT among students.
2. To educate and aware students regarding the sports through SPAT.
3. To improve the attitude and interest towards SPAT among students.
4. To find out exact reasons, the lack of interest towards SPAT.

## **RESEARCH METHODOLOGY**

In order to achieve the objectives of the present investigation, survey method would be applied undertaken. The methodological details like sample, tool and procedure of data collection, scoring procedure and statistical technique are given below:

## **SAMPLE**

The sample of present study consists of 50 SPAT finalist of Rohtak district.

## **TOOL USED**

In order to achieve the objective of the study the investigator would use a self-prepared questionnaire and percentage.

## DATA COLLECTION

The information required would be recorded on the form itself by the respondents questionnaires can be given to the respondents personality and completed on the spot although much quicker and asked to give the correct answer.

## RESULTS AND DISCUSSIONS

**Table 1**

### Responses of the Student towards SPAT

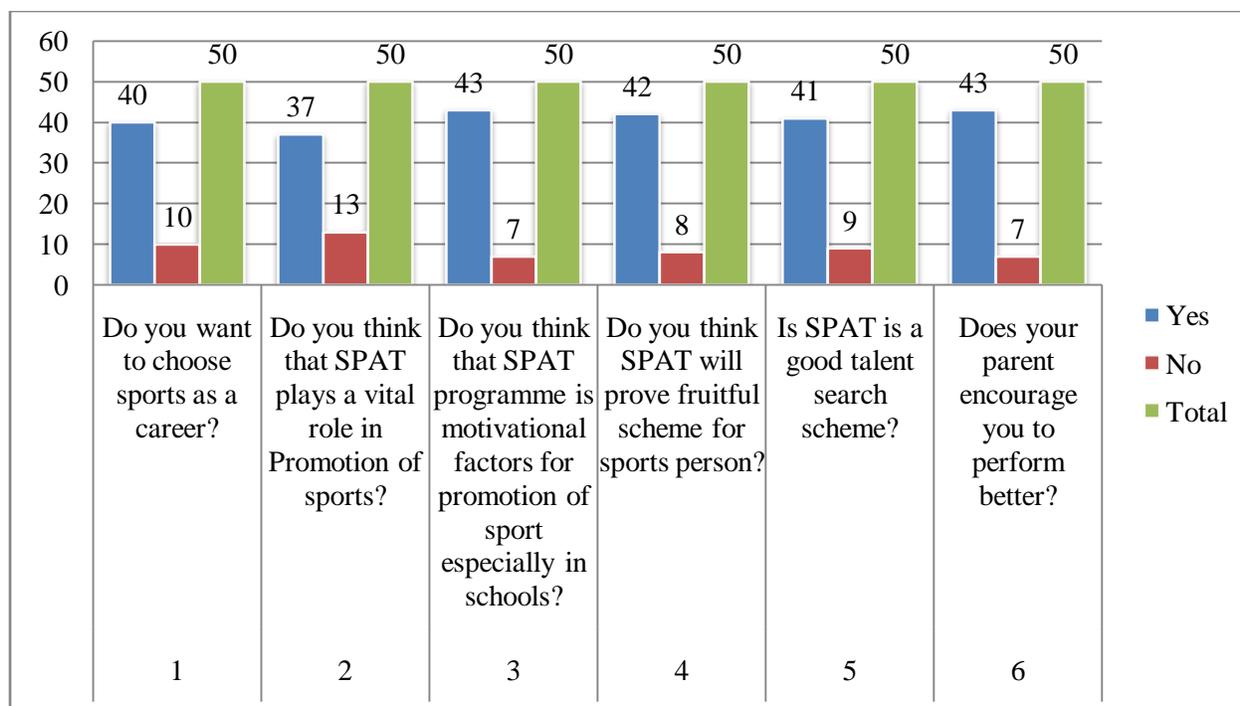
<b>Sr. No.</b>	<b>Particulars</b>	<b>Yes</b>	<b>No</b>	<b>Total</b>
1	Do you want to choose sports as a career?	40 (80)	10 (20)	50 (100)
2	Do you think that SPAT plays a vital role in Promotion of sports?	37 (74)	13 (26)	50 (100)
3	Do you think that SPAT programme is motivational factors for promotion of sport especially in schools?	43 (86)	7 (14)	50 (100)
4	Do you think SPAT will prove fruitful scheme for sports person?	42 (84)	8 (16)	50 (100)
5	Is SPAT is a good talent search scheme?	41 (82)	9 (18)	50 (100)
6	Does your parent encourage you to perform better?	43 (86)	7 (14)	50 (100)

**Note:** (i) Source: Primary data collected.

(ii) The figures in brackets show the percentages.

As indicated by the table 1 majority of 80 percent students want to choose sports as a career and 20 per cent not want to choose sports as a career. After the London Olympic and common wealth game 2010, most of the students want to be a sportsman. Media coverage of the player at village level and name and fame of sportsman inspired student to opt sports as a career. Student respondents those belonging to remote area want to become a good sportsman in their future; most of 78 per cent respondents think that SPAT plays a vital role in promotion of sports; 26 per cent denying the statement. Rural area's students agree with this statement. They think through SPAT; children who have less facilities related to sports; children who have less facilities related to sports, they can fulfill their needs like, travel allowance, diet, kit etc. SPAT programme inspired them to participate in sports; vast majority of respondents (86 per cent) viewed that SPAT programme is motivational factor for promotion of sports especially in school while 14 per cent respondent viewed not like them. So it can be easily judged from the data of the above table that students are agree with that SPAT plays a vital role in promotion of sports but there is no doubt SPAT promote the sports at school level. The students take part in SPAT without facing any difficulty and perform better (Also shown in figure 1).

**Figure 1: Responses of the Student towards SPAT**



**Table 2**

**Responses of the Student towards SPAT**

Sr.No.	Particulars	Yes	No	Total
1	Does your coach actively motivate you to perform better?	42 (84)	8 (16)	50 (100)
2	Do you think that your trainer gives more concentration on some players in comparison to other during training?	11 (22)	39 (78)	50 (100)

3	Does SPAT training make any negative effect on your study?	18 (36)	32 (64)	50 (100)
4	Did you get any type of special training before participation in SPAT?	7 (14)	43 (86)	50 (100)
5	Does SPAT training improve your health standard and performance?	37 (74)	13 (26)	50 (100)
6	Are you satisfied with test parameters of SPAT?	37 (74)	13 (26)	50 (100)

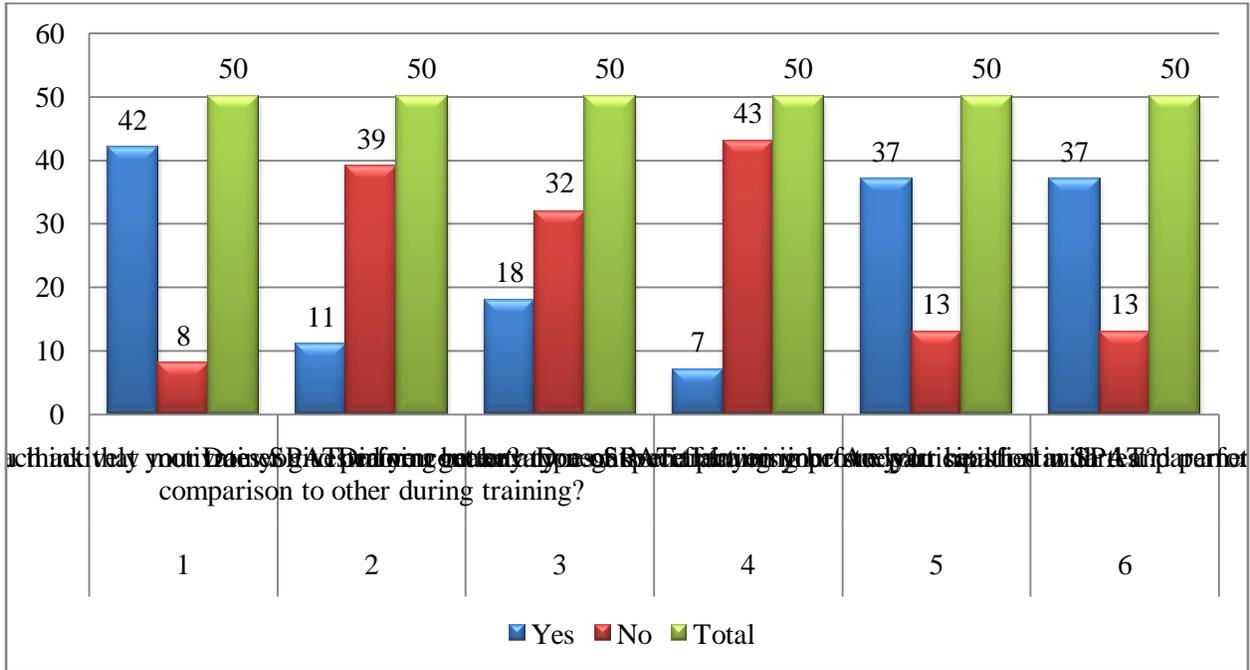
**Note:** (i) Source: Primary data collected.

(ii) The figures in brackets show the percentages.

As showed by the table 2 majority of respondents, out of 50 students, 84 per cent agree that SPAT will prove fruitful scheme for sports person while 16 per cent don't agree with this statement. It is safely interpreted that SPAT is really a better scheme to prepare youth for future. Through SPAT students can fulfill their sports related need. Majority of respondents' 82 per cent opined that SPAT is a good talent search scheme; while small number of respondents' 18 per cent viewed that it is not a good talent search scheme. It is highlighted from the table that SPAT is a good talent hunt scheme. It is a good scheme to know how good a student athletically. If he scores above 75 per cent, he can realistically aspire for a career in sports. Eighty six per cent respondents said that their parents encourage them to perform better, while 14 per cent thought that parents do not encourage them to perform better. Some of the remote areas people are not in more favour of sports participation. But after the position/ medal of Haryana player specially of female players in common wealth and international level competition parents change their attitude and they encourage their ward to perform better; 84 per cent respondents accept that their coach actively motivate them to perform better but 16 per cent don't accept it. It can be

judged from the above table that the attitude of coach is favorable towards promotion of sports. They motivate students to perform better(Also shown in figure 1).

**Figure 2: Responses of the Student towards SPAT**



## CONCLUSION

It is observed that most of the respondents' interest and attitude toward SPAT is favourable. Students received their parents' encouragement and cooperation. Most of the respondents are aware towards SPAT. To promote the sports in Haryana, especially at village level the state government launched SPAT. The SPAT scheme is an effective talent hunt programme which raises the level of sports in rural area especially at school level. There is a lot of difference in facts and fiction, because the improper implication of scheme is spoiling the image of SPAT among people. It is evident from sociological point of view that the encouragement and cooperation received from coaches as well as parents. Respondents accept there is lack of encouragement and proper Infrastructure. It is concluded that most of institutes or schools have

not provision for pre-training before participation in SPAT which is a major reason of lesser participation of girls. The girls can play during school time only. After the school they have no separate play grounds and they are not permitted by their parents. Due to the less number of female coaches and physical education teacher there is a lack of role model to give encouragement and increase participation of girl student in SPAT. Lack of transport is also a big cause of less participation. The trainer/coach plays a vital role in encouraging more participation in sports activity. The attitude of trainer/coach is favourable but they are helpless in lack of facilities and proper infrastructure. It is proved that SPAT can make students physiologically and psychologically strong. Because active participation in sports builds discipline, sense of humor, physically fit, socially adjustable and more committed them. Scholarship and training facility for participation at various levels is the best ingredient for participant to encourage participation.

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